



College of Medicine

UNIVERSITY OF CENTRAL FLORIDA

LIFE at UCF - 2026 Summer Series
UCF College of Medicine
Tuesdays | 10-11:30 a.m.

June 2 **Dr. Michael Hoffmann**
Executive Brain Vitality

Attendance:

This is an overview of the current status of brain health science, avoiding cognitive decline and dementia and specific and practical recommendations how to do so.

June 9 **Dr. Ye Wint Kyaw**
2:30 – 4 p.m. *High Blood Sugar? What's the Big Deal?*

Attendance:

Join us to understand the real impact of diabetes on your health and learn simplified, achievable strategies for better long-term outcomes.

June 16 **Dr. Heidi Smith Hoopingarner**
When Medications Multiply: A Knight's Guide to Staying Safe

Attendance:

During this one-hour discussion, we will explore medication management issues frequently encountered by Seniors. Topics will include Polypharmacy, Developmental Pharmacology, The Beer's Criteria, and New Teaching Initiatives at UCF MED. This session will also provide practical tips and resources for safe medication management in the Senior population.

June 23 **Dr. Laura Brattain**

Living Longer, Living Healthier: AI's Growing Role in Healthcare

Dr. Laura Brattain's research integrates biomedical artificial intelligence (AI), medical imaging, and surgical robotics. She has a proven track record in fostering collaborations, leading multidisciplinary teams, mentoring students, and developing AI applications. In her presentation, she will talk about her research in applying AI to enable early diagnostics and less invasive medical interventions.

July 7

Dr. Monika Farhanghi

Attendance:

Out of the Haze: Modern Cataract Care and the Journey to Clear Site

This presentation will provide a clear and practical overview of cataracts, including their causes, symptoms, and impact on vision and daily life. Attendees will gain insight into modern cataract management, with a focus on advances in surgical techniques, lens options, and personalized treatment strategies. The goal is to demystify cataract care and empower patients with knowledge about safe, effective solutions for restoring clear sight.



**College of
Nursing**

UNIVERSITY OF CENTRAL FLORIDA

Health Fair: Charge On to Healthy Aging!

Date: June 19th, 2026

Check-in begins at 11:00 AM

Event runs from 11:00 AM – 2:15 PM