

LIFE at UCF Richard Tucker Gerontology Applied Research Awards

Instructions These instructions contain the following 2 pages:

Page 1: Proposal Outline Instructions.

Page 2: Proposal Submission Instructions.

Please use a copy of the Google Form (linked below on page 2) as your Proposal Cover page

Proposal Outline Format

Proposals must utilize the outline below. The proposal must be typed and submitted in pdf format.

Submittal deadline is February 2, 2026.

Describe the proposed research using the following outline:

A. Title

B. Introduction

1. Statement of the problem related to applied gerontological research
2. Purpose /goals of the research
3. Significance of research related to gerontology and/or older adults
4. Is this a new proposal or is an extension of a current project?

C. Study Narrative

1. Description of Methods and Procedures
2. Site of research. Sites at which study will occur
3. Status of request(s) to access subjects, from the appropriate Institutional Review Board. If LIFE at UCF members will be recruited then an Application for Conducting Research with LIFE Members must be approved. (See the webpage for the application.)
4. Timeline for research study implementation
5. If already in progress, what has been accomplished?
6. Results dissemination plans.

D. Itemized project budget and justification for each item.

(Limitations for use of funds: excluding all wages, research stipends and staff travel.)

E. Literature Cited: Write in a format common for the field of study of the proposal.

Submission Instructions

1. Copy the information submitted in the Gerontology Research Award Cover Page submission form ([google form](#) on website and linked below). It is imperative that the Department's UCF Foundation Number be correct. Incorrect numbers may cause you not to receive the award funds.
2. Create a PDF of the grant request to include the cover page and your completed proposal outline.
 - The first page of the PDF should be the LIFE at UCF Gerontology Research Award Cover Page Submission Form (copy of google form submission).
 - The next part should be the research proposal using the proposal outline.
 - **Please add a digital signature from you and your Department Head/Faculty Sponsor at the end of your pdf.
3. Name this pdf file using the following naming format:
 - (Researcher Last Name)(FirstName)_(Two Word Study Title)_Tucker2025-26
 - For example: SmithMary_BalanceAbility_Tucker2025-26
4. To submit your proposal package please email pdf to Jacqueline.Ulacia@ucf.edu

Link to Google Form Cover Page:

[LIFE at UCF Gerontology Research Award Cover Page Submission Form](#)

When transmission is complete you will receive a receipt notification email.

Notification of Finalist status will be emailed to you no later than April 10, 2026

For questions: Email: lsieberman@gmail.com or Jacqueline.Ulacia@ucf.edu