



September 2022
Stuff Worth Knowing!

LIFetimes

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LIFE has been back for a month and WOW! what a difference in the Pegasus! Many more members are now attending live, although our online presence continues to grow, too! We now have over 800 members...again...WOW!

In this issue of LIFetimes please take time to read the LIFE annual report. Also of interest, (my personal favorite LIFE membership perk...yeah, I'm a bit biased), a list of the Fall Trippin' through LIFE opportunities! The Trippin' committee has been working VERY hard to offer a varied choice of Trippin' events. Something for everyone! Look for links in the weekly eblasts on Tuesday afternoon! -Gail



Greetings
LIFE
Members!

We are off to a fantastic start of the 2022-2023 LIFE year. My hat is off to the curriculum committee who again have come up with a great slate of speakers. Included in this LIFetimes, is the LIFE Annual Report for 2021-2022. I hope you will read it and feel proud of what our organization accomplished last year for its members and for our partner, the UCF Community.

-From the desk of the LIFE President, continued on next page

cont. from page one

We also have many new members this Fall, and I hope that if you are a continuing LIFE member you will take the time to greet these members as you encounter them on Tuesday mornings. Their name badges will say that they are a “New Member.”

Finally, for those members who generally participate in LIFE virtually through our “live stream” or “recorded” productions, I hope you are finding these virtual options rewarding and improved from our first go at live streaming last year. LIFE has provided the Student Union technical crew some enhanced lighting tools and a new wide-angle lens for a fixed camera view that can capture the whole stage. Your LIFE Board will continue to try to find new ways to enhance all our program participation experiences. Thanks, and see you at LIFE at UCF.

Jack McGuire, LIFE President



Public Affairs Committee

- submitted by Rich Sloane

YOU OUGHT TO BE IN PICTURES

Here's a link that will take you back in time; <https://www.youtube.com/watch?v=y88eMd8x4t4>. It's Rudy Vallee in 1934. Yes, you ought to be in pictures.

And LIFE's Public Relations Committee aims to do just that. We'll be taking photos at our Tuesday lectures, Trippin' activities, and other LIFE gatherings. The PR committee is on a mission to produce media and marketing materials for our membership drives, community outreach, and promotion within the UCF community. So, as we say, “Pretty up!” Because you, yes you, ought to be in pictures.

If you know of community newsletters or other publications that would be a good place to submit news about LIFE at UCF please let us know by contacting any of our 15 committee members or committee chair Rich Sloane at richardtsloane@gmail.com.



The Trippin' through LIFE committee has been hard at work scheduling tours/events for our LIFE members. We have already had our first Trippin', a fantastic tour of the Orange County Courthouse which was attended by 20 LIFErs!

Due to comments/suggestions from members, last year, we are working to schedule some Trippin' events twice. This will allow more members to take advantage of our wonderful offerings! It will be up to the LIFE members making the reservations to assure they are cognizant of the date/time that is chosen. Should you erroneously show up for the incorrect date, you run the risk of being turned away if the member cap has been met and all are in attendance.

As always, all Trippin's will be announced during announcements and the link to sign up will be in the email that accompanies each week's survey. Any questions should be directed to Gail at agorgail@gmail.com.

Fall 2022 Trippin' through LIFE tours/events (as of this posting)



Orange County Courthouse; September 15; 2:00-4:00pm **COMPLETED**

UCF Football Stadium Trippin'; October 4; 12:30-2:00pm

UCF Arboretum Wildflower Walk; **DATE ONE**, October 12; 9:00-10:30am
(donations accepted)

UCF Arboretum Wildflower Walk; **DATE TWO**, October 19; 9:00-10:30am
(donations accepted)

Moore House Museum, Mims, FL; October 27; 10:00am (donations accepted)

Buddhist Temple on Hoffman; November 3; 10:00-11:30am (donations accepted)

Orlando Wetlands; **DATE ONE**, November 16; 8:00-10:00am (donations accepted)

Orlando Wetlands; **DATE TWO**, November 17; 8:00-10:00am (donations accepted)

Winter Park Christmas Light Boat Tour; **DATE ONE**, December 15; 7:00-8:00pm;
\$15 per person

Winter Park Christmas Light Boat Tour; **DATE TWO**, December 16; 7:00-8:00pm;
\$15 per person



Learning Institute For Elders

ANNUAL REPORT 2021-2022

GENERAL

•Fall 2021 represented a huge breakthrough in the history of LIFE at UCF. For the first time in its history, LIFE created multiple ways that its membership could participate. First, LIFE was back live and in person on the campus of UCF for the first time since the Covid Pandemic shut LIFE down in March 2020. Additionally, with technology learned during the Pandemic, LIFE was able to “live stream” all presentations from the Pegasus Ballroom in the UCF Student Union to its members wherever they were and to record all presentations and upload them to YouTube where they were available to members to see at any time on their devices.

•LIFE counted 789 members in 2021-2022 with a total budget of \$163,400.

- LIFE provided a total of \$7,000 in honorariums to LIFE speakers

- LIFE gave \$18,290 in research grants to UCF Faculty doing research on projects related to gerontology topics. These grants supported researchers in the School of Kinesiology and Physical Therapy, College of Biomedical Sciences/College of Medicine, Dixon School of Accounting, and the Department of Industrial Engineering & Management Systems.

- LIFE provided \$1,000 in an undergraduate Scholarship grant, and gerontology research grants [\$750] to two additional UCF undergraduate students.

- LIFE provided \$24,000 in Appreciation Grants to a wide variety of UCF schools, colleges and units who continue to provide generous support to LIFE. These grants included gifts to: the College of Undergraduate Studies, UCF Student Union, UCF Parking, College of Arts and Humanities including a special donation to “UCF Celebrates the Arts,” College of Sciences, Office of Global Perspectives, the UCF Library, UCF Pantry, etc.

- LIFE again provided an incredible number of toys for the UCF Police Toys for Tots campaign plus \$1400 in cash donations. LIFE also generously supported the UCF Pantry with both Fall and Spring donations of food and money with over 500 lbs of food and donations of \$5,435.

CURRICULUM

- LIFE had 52 presentations during our Fall 2001 and Spring 2002 terms with 62% of these presentations by UCF Faculty.
- UCF presenters included faculty from: Florida Space Institute, School of Visual Art & Design, College of Undergraduate Studies, College of Arts & Humanities, College of Sciences, College of Community Innovation & Education, College of Nursing, College of Business, College of Engineering & Computer Science, Rosen School of Hospitality Management, Nicholson School of Communication, UCF Arboretum, Office of Global Perspectives, and the National Center for Forensic Science
- The highlight of the year for our members was a presentation by UCF President Alexander Cartwright to kick off the Spring term. Dr. Cartwright is the first UCF President to present to LIFE at UCF.
- Presentations covered a wide and diverse range of distinct topics -20 distinct discipline areas: Art/Design, Biology/Botany, Astrophysics, Music, Musical Theatre, Theatre, Psychology, Medicine, Engineering/Hydrology, 3-D Prosthetics, Disaster Management, Food Science, etc.
- The LIFE Trippin' Committee scheduled 8 successful Field Trip experiences which involved over 200 LIFE Members. Trips were completed to: UCF Library, 2nd Harvest Food Bank, Audubon Birds of Prey Center, White Oak Conservatory, Orange County Court House, Leu Gardens, Dr Phillips Steinmetz Hall, and the Mount Dora Canal Boat Tour.

OTHER ACCOMPLISHMENTS & HIGHLIGHTS

- The Diversity & Inclusion subcommittee became the 7th LIFE Major Standing Committee with the addition of a Strategic Plan Policy/Goal 8.
- The combined actions of the Membership Committee, the Public Relations Committee, and the Diversity & Inclusion Committee, led to multiple diverse outreach contacts, activities, and presentations to groups all over Central Florida including retirement communities such as Legacy Point, Westminster, etc., and resulted in increased interest in LIFE and new members.
- Created Membership Work Group to explore and discuss future directions, opportunities, and options for recruitment of new members
- Began important reviews and revision activities to key LIFE documents such as the Strategic Plan, LIFE Policies, LIFE Organizational Chart. Strategic Plan Goal 2 was revised by the Finance Committee and a new Goal 8 regarding Diversity & Inclusion was created and approved.
- Began investigation of a new member data management software system to improve the efficiency, security, and effectiveness of membership data management.
- Created a LIFE Volunteer of the Year award and selected former LIFE President Ray Jones as the first recipient

- A special event of brief presentations and followed by a research poster session by Dr. Matt Stock's UCF Physical Therapy students.
- Had a wonderful end of year Awards Event with a special presentation/performance by Jeff Rupert and the UCF Student Jazz Group.

Prepared by Jack McGuire August 2022



Associate Instructor Erica Hoyt '19EdD, a certified healthcare simulation educator, teaches students in UCF's College of Nursing how to empathize with patients using a manikin. (Photo by Steven Diaz '19)



VOLUNTEER OPPORTUNITY! I wanted to let LIFERs know of an amazing opportunity available to us! This morning I visited UCF's Simulation, Technology, Innovation & Modeling (STIM) Center, College of Nursing, at the Research Park. Leslie had received a request from the Associate Director, Syretta Spears, at the STIM Center asking if LIFE had any members who might like to volunteer in their program. Of course, she forwarded the email to me. As chance would have it, the request came right after the last issue of LIFEtimes went out. I contacted Syretta and explained that the next issue would be late September, but I was interested in participating. I set up my initial "shadow" day, a four-hour block of time that would give me insight to the job needed from me. Today was the day! I arrived to find another LIFE member, Phyllis Klock, ready to head into an examination room and play her part. Phyllis has been volunteering for some time and I was thrilled to be watching her at work. She was a real pro! Each volunteer is given a scenario that explains the part he/she must play. The purpose is to give nursing students a real person with whom to interact in situations that they might encounter in an actual hospital environment. Although I am not at liberty to tell the scenario in which Phyllis participated today, I watched her interact in three sets of the simulation, with two students each time. It was fascinating! Just like the photo above, there was a mannequin with whom she had an association. The mannequin "spoke" through a microphone in the Control Room (that's where I was, watching via live feed.) It was so cool! I can't wait to do my first "real" session on October 7th. If you would like to get more information about how you can help these nursing students, contact: Syretta Spears at Syretta.Spears@ucf.edu.



